

# Dexter®

## **SST HEEL SHIM** *Heel Height Adjuster*

This heel shim which has Velcro® on both sides is designed to be used in combination with the SST heels already on your Dexter shoes. By adding this shim onto the bottom of the shoe then attaching the desired heel on top of the shim the height of the heel will be raised. The SST heel shim can be used on any Dexter SST shoe that has replacement heels.



## **MULTIPLE USES**

### **USE on 1 SHOE:**

By adding the shim under the desired heel, the height of two heels of differing thickness can be compensated for.

*(Example: the H7 + Shim = the thickness of the H2 Ultra Brakz heel without shim.)*

### **USE on 2 SHOES:**

By adding shims under both heels the heel of the shoe is raised and transfers weight onto the toe of the foot.

The arch area of the sole is also raised higher off the approach.

### **SST HEEL SHIM**

Apply heel shim to the heel of the SST shoe sole first.

### **REPLACEMENT HEEL**

After the application of heel shim, apply replacement heel to backside of heel shim.



Replacement Heel Height Adjusters are purchased with **2 PER PACK**



The SST Heel shim is not intended to be used as a replacement heel. Do not use the SST Heel shim alone.